

SUPPORT THE IMMUNE SYSTEM IN TIMES OF STRESS



Yetta Blair and her furry friend

Join us and meet Yetta Blair, a *Functional Nutrition Practitioner and Holistic Cancer Coach*, who specializes in helping people feel better with nutrition and lifestyle therapy.

Yetta will share helpful ideas on ways to support the immune system in times of stress.

July 21, 2023 2:00 pm
Southwest Regional Library
9725 Dixie Highway

RSVP: Genene Nisbet at 502-447-7759 or genene.nisbet@owenfuneralhome.com by July 20.

Get a head start and check out Yetta's web page where you can subscribe to her free weekly newsletter and gain valuable information on her blog. **www.yettablair.com**



OWEN FUNERAL HOME

5317 Dixie Highway

Louisville, KY 40216

502-447-7759 | genene.nisbet@owenfuneralhome.com